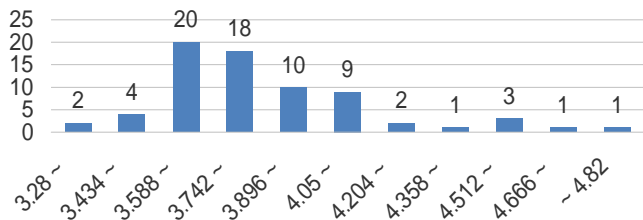
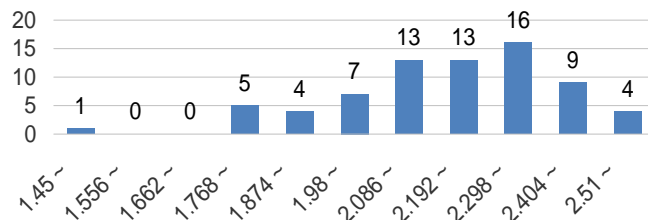


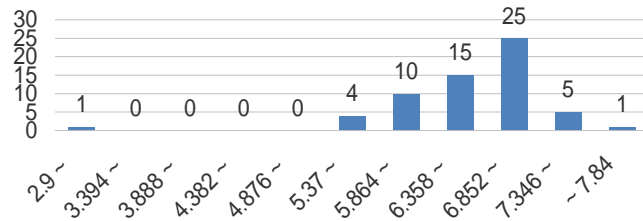
30m走



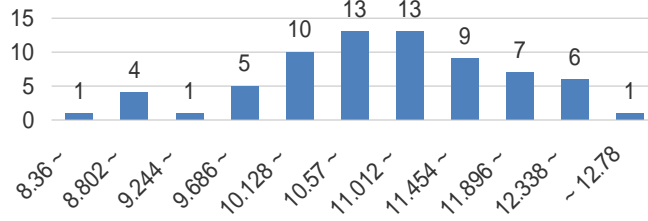
立幅跳



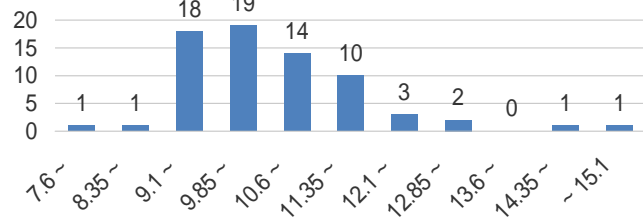
立三段



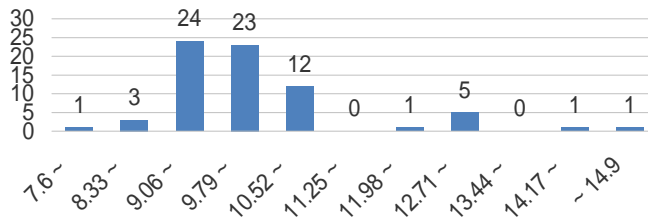
立五段



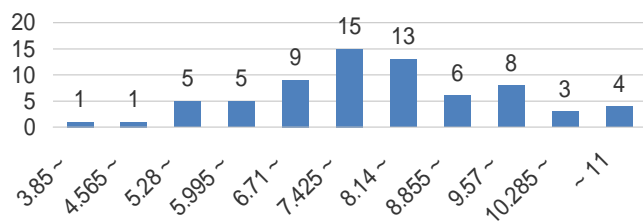
ホッピング左



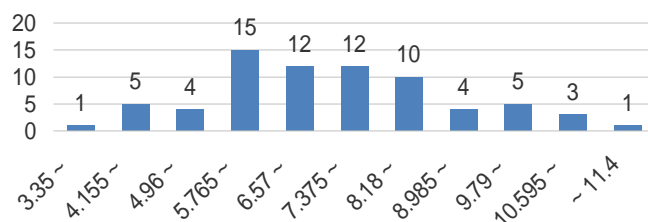
ホッピング右



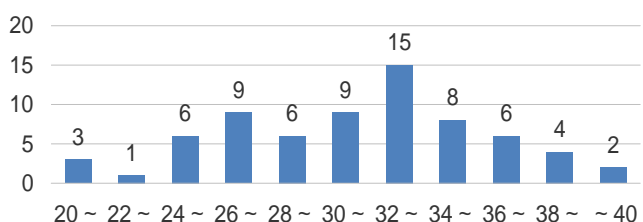
メーシン前



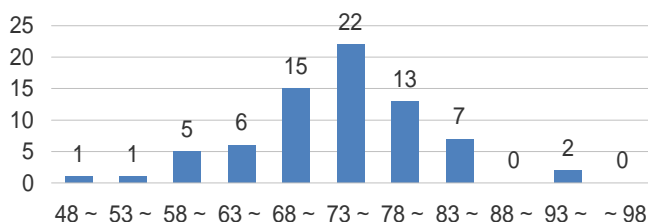
メーシン後



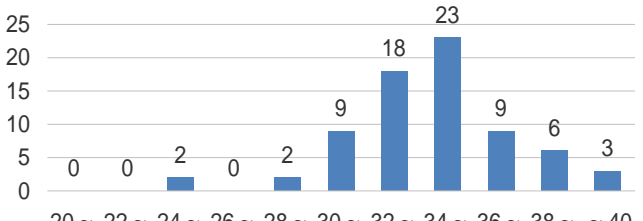
上体起こし



反復横跳



段差昇降運動



	30m走	立幅跳	立三段	立三段跳(右)	立三段跳(左)	立五段跳	メーシンボール数(前)	メーシンボール数(後)	上体起こし	反復横跳び	段差昇降運動
平均	3.75	2.11	6.21	9.6	10.0	10.6	7.5	6.7	29.6	69.8	32.9
SD	0.33	0.21	0.68	1.37	1.31	0.98	1.57	1.76	5.34	8.02	3.09
MAX	4.82	2.51	7.84	14.9	15.1	12.8	11.0	11.4	40	89	40
MIN	3.28	1.45	2.90	7.6	7.6	8.4	3.9	3.4	15	48	24